Our Trouble with Trust
An Evening of reflection for Lent

St. Joseph's Church Tuesday March 20, 2018

My dear brothers and sisters in Christ St. Paul tells us that because of Christ's Passion — his suffering, death, and resurrection — God proves that he is completely trustworthy:

… If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him? Romans 8:31-32

I think all of us would like to believe this as deeply as St. Paul did, to trust God more firmly in the midst of life's trials as we plod through the ordinariness of our lives. Lent is a season to strengthen our trust, precisely by turning our attention to Christ's Passion, and this Lenten Evening of Reflection, Our *Trouble with Trust*, is designed to help each of us.

- In the first meditation, we will discover why it is so hard for us to trust God, by going back to the Garden of Eden.
- In the second meditation, we will watch Jesus rebuild the bridge of trust between humanity and God, in the Garden of Gethsemane.
- And in the closing, we will go over some ways to exercise our own trust in God, and make it grow.